



BICYCLE CHECK LIST

NAME

BIB #

BIKE

Tyres

No cuts, slits or perishing on the sidewalls with plenty of tread.

Axle Nuts / QR Lever

These are done up correctly.

Inner Wires / Housing

Running freely with a firm lever feel.

Brake Pads

Plenty of pad left for the descents and not worn past the wear lines.

Drive Chain & Cassette

Drive chain has no excessive wear.

Bearings

Steering is turning freely and there is no rock/play in the bearings.

Cockpit – Stem, bars, levers, post, saddle

All tight and ready for the day.

Helmet Structural, shell condition

- free from cracks and any shell delaminating.

PASS / FAIL